

# G.H.O.S. REPORT

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## The Martlets Pub & Restaurant, Bognor Regis

11<sup>th</sup> February 2008

11.30pm – 3.30am

### Location Area's

Bar 1 (on the far left upon entry into the pub)

Bar 2 (jus on left upon entry into the pub)

Toilets / Restaurant (Barn)

Cellar

Kitchen

### Vigil Groups

Group 1	Group 2	Group 3	Group 4	Group 5
Troy	Simon	Don	Mark	Karen
Dan	Micheala	Darren (g)	Karen S	Ash (g)
Paul (g)	Vicki (g)	Lauren (g)	Tony (g)	Sam (g)
Ashley (g)	Danny (g)	Tom (g)	Emma (g)	
	Yasmine (g)			

(g) - guest

### Bars and Restaurant

#### Pre-investigation walk

Farm labourer – Josh - 16yrs old. Quite tall and slim, clean shaven and good looking.

Harvest time involvement, hay and straw. Something v important about a scythe. – Possibly his actual work on the farm?

In Bar 1 immediate great sadness of lady. Linked to childbirth as if baby was taken from her womb. Baby boy. Mary 23 when this occurred.

Suicide – hanging - broken neck

1869 is important but not sure why.

Barn – butchery – cows.

Fields all around, crops mainly.

Picked on a male (possibly same one as earlier)

Wavy, shoulder length hair, light brown, blonde. Green eyes. Some kind of sack like cloth baggy top.

Some kind of link with religious problems.

Visiting Rector / priest to carry out exorcism after some kind of activity had taken part here.

Lighting of candles, holy water and cantations.

Strong feeling of a family home of hard working people.

Shotgun?

## Bar 1

### Group 1 12.10am – 12.30am

Clicks heard by the toilet door.

Ball of light seen behind the bar

Misty figure seen by all members of the group by the bar (around 5ft in height)

Figure seen behind the bar

Loud crack heard by all members of the group near to the fruit machine

Dan kept feeling very sad and tearful.

Presence was felt by Dan near the door to the upstairs flat, and felt a person beside him.

Light was seen by Paul near the bar

Blue lights seen by Ashley near the 2<sup>nd</sup> till on the bar.

### Group 5 12.30am – 12.50am

Loud creak noise heard by Ash and Sam from the fruit machine (whilst Karen out of the area)

Faint lights were seen moving around the room

Another loud noise heard near the fire doors

Louder crack heard between the sofa and fire doors

Shadow was seen move across the top of the fire doors

Karen sensed a ginger cat on the sofa

### Group 4 12.55am – 1.15am

Woman was sensed standing at the end of the bar in a white skirt

Taps heard by the toilet doors – unresponsive to requests

1.04am Karen touched on head whilst seated on sofa nearest to the flat door

1.07am Tony saw a light travel behind the bar

### Group 3 1.50am – 2.10am

Tom and Lauren could both see a figure by the hatch

Alarm on the spare radio went off (don's didn't)

Darren felt a sore throat

Tom saw a flashing light near to Lauren's head

Darren felt that this area had been a kitchen / dining area

Sofa started to creak as soon as a torch light went on it

Darren sensed white tulips in a vase in the centre of the room

Darren felt the presence of a female from the Victorian era – possibly the same woman as outside of the barn. She appeared to be happy.

Tom saw a red light flash on the ceiling above the hatch

Darren could feel a pressure on his head, bit like a hat on a little too tight, but not painful

Darren felt a chest pain

Beeping noise was heard by the window to the left of the fire exit

### Group 2 2.15am – 2.35am

Temp 19.1 – stayed constant throughout

Nothing to report

## Bar 2

Group 2 12.10am – 12.30am

Not investigated

Group 1 12.30am – 12.50am

Cold spot was felt by 3 members of the group in this area

Slight touch was felt on Troy's arm

Ashley felt very cold

Dan felt jumpy and as if he was being followed

Troy and Dan's eyes kept watering uncontrollably

Taps heard near to the sofa

White lights seen by Paul behind the bar.

Paul and Dan saw 2 or 3 figures by the bar.

A loud noise / creak was heard coming from behind the bar by all members of the group.

Group 5 12.55am – 1.15am

Nothing much seen. All felt quite tired here

Karen sensed that this front area had been like a front garden with a small pathway to the door. Felt like the door had been in the gap on the left and that where the pasts were was once the front of a family home.

Could sense roses in the front garden and it was well tended

Group 4 1.50am – 2.10am

1.54am Radio alarms went off

Tony thought he saw three white lights behind the bar

Group 3 2.15am – 2.35am

Tom didn't feel comfortable near to the hatch and the till

Darren saw a shadow go from the corner of the seating area to the window

Lauren saw someone walk across the floor

Something touched Don's head by the hatch

Tom heard a click near the food tills

Sleepy atmosphere

Darren experienced a very dry mouth

Don was stood in the gap and felt like something was trying to push him out, felt uncomfortable when trying to get back in.

Lauren felt very hot all of a sudden

Tom felt a coldness go past near the cashpoint

In the hatch Darren felt dizzy and pressure on his back. Legs pulled slightly. Can't lean back very easily, and saw a mist by him

Tom felt sick

Darren saw a shadow in the area near the cashpoint where Tom had felt cold earlier. Tom went to investigate and also felt the coldness again.

4 bangs were heard from upstairs. All members of the group heard this in the space of about 1 minute

Darren saw a shadow move quickly across the ceiling

Tom felt a cold pressure on his back in the gap and felt sick

Don, Darren and Lauren all felt like this had been a bedroom.

Tom heard footsteps and felt very cold

Lots of banging noises heard coming from upstairs

## Toilets / Restaurant (Barn)

### Group 3 12.10am – 12.30am

Darren picked up the sense of heartache

Darren felt like sacks had been stored in here

Temp 16.8 (barn) 18.7 (roof area) EMF – normal

Laurens attention was drawn to the picture in the corner of the room

Darren saw shadows in the alcove where the fire exit doors are.

Roof was creaking

Lauren saw shadows in the alcove area when looking into the reflection of the picture which is opposite.

Tom felt cold shivers

### Group 2 12.10am – 12.50am

EMF remained normal

Restaurant Temp 17.1 – no change throughout

Cutlery clanged

Barn temp 20.1 – no change throughout

Taps and clicks heard.

A squeak was heard

### Group 1 12.55am – 1.15am

Toilets were freezing cold with no apparent reason

Chairs appeared to have been moved in the restaurant – but not sure if this was paranormal activity or not.

Dan had the feeling of being followed again.

Cold spots felt in the restaurant area

Cold breezes were felt in the barn

Strong male presence was felt by Dan

Oppressive feeling in the ladies toilet and being watched constantly.

Something blacked out the light across the barn doorway for a brief time

Whistle noise was heard twice in the barn area

2 loud knocks heard in the ladies toilet

Cold spots felt in the barn area

Dan male – short spiky hair, thuggish, wry smile, receding hairline – bit of a rogue.

### Additional Vigil 1.30am – 1.45am

Toilet area was visited by Karen, Dan, Paul and Ashley

Strong cold spots felt all around the toilet area.

Feeling of a gathering of people to do some kind of ritual.

Walking in an anticlockwise circle.

Candlelight

Some kind of chanting – witchcraft ?

Very uneasy feeling

Karen sensed the bones of small animals such as birds and cats etc.

Karen also sensed a graves, or a few graves nearby.

Toilet door moved by itself in the men's toilet

### Group 5 1.50am – 2.10am

Front restaurant area

Ash felt a male presence near to the window

Karen sat where Ash had been and sensed a gentleman who passed with a sudden heart attack

Toilet area

Very cold but nothing else to report

Karen picked up on a lady with her hair very tightly tied back aged about 58 – 60. Dark hair starting to go grey. Strong pointy features, almost quite stern looking. Almost as if wanting to know what we were doing. Picked up on the name Ellen.

### Group 4 2.15am – 2.35am

Toilet area

2.21am Karen and Tony can smell country / straw smells

Mark could feel his energy being drained

Karen felt someone was in the left-hand toilet (furthest from the door)

Tony kept feeling hot and cold

Karen was touched once  
Mark was touched twice  
Karen and Mark both heard a groan  
Barn area  
2.36am Dictaphone batteries drained  
Tony and Emma saw a white light by the doors to the kitchen  
Comfortable feeling  
Feeling of someone in corner to the right of the fireplace  
Karen saw something by table 18 – not sure what

## Cellar

### Group 4 12.10am – 12.30am

Two taps heard in the chiller machinery – no response to questions  
Karen felt tingling on right arm as if she had been touched. Arm – 19 degrees, feeling gone and arm 22.8 degrees.

### Group 3 12.30am – 12.50am

Lauren saw a small flashing light in the corner opposite the door  
Tom saw a white light moving from the corner of the room across the pythons and moving towards the door  
Lauren saw a white light moving towards her  
Something touched Lauren's hair  
Feeling of a male presence felt by Darren – hard worker  
Over the electrical box a clicking / tapping noise was heard  
Camera on the trigger object died out during this time. It had been on charge all day and was completely drained.

### Group 2 12.55am – 1.15am

Simon as was poked in the arm  
Dark shadow was captured on the camera come into view and disappear again – not able to recreate or any reason for this at all.  
Feeling of being touched on the face and arm

### Group 1 1.50am – 2.10am

Woman's presence picked up by the name of Helen  
Lots of taps and creaks heard  
Ashley's chain (round neck) was tugged  
Flashes of light seen by all coming from far corner on right  
The bottle cellar felt colder than the chilled cellar – for no apparent reason  
In the bottle cellar a coin landed on the floor in the cellar, it was cold and heard by all.

### Group 5 2.15am – 2.35am

Very cold  
Ash saw a small light in the far corner  
Karen look over to Sam and Ash and could see three people stood there near to the door rather than 2.  
Ash and Sam both felt a cold breeze which was first in front of them, then behind, then in front again.  
Bottle cellar was very cold and Karen felt a bad back again, almost as if the same as the male at the start in the kitchen area.

## Kitchen

### Group 5 12.10am – 12.30am

Noise was heard from near the freezer – but could possibly have been ice in the freezer itself  
Karen had a bad back when stood by the freezer  
Ash saw a shadow move along the aisle in the centre  
Noise was heard by the back doors

### Group 4 12.30am – 12.50am

Shadow was seen at the end of the kitchen near to the freezer (old doorway) – 12.36am, by both Karen and Tony  
Mark stood in this area and could feel a presence, possibly male with back / neck problems  
Karen could smell grass / manure and felt sick

### Group 3 12.55am – 1.15am

EMF meter kept clicking by itself – unknown reason  
Lauren felt a general movement near to the microwaves  
Darren felt a bit stuffy  
Tom saw a flashing light near to the back entrance  
Darren and Don both felt a dizziness near to the in / out doors – sort of hard to breathe – feelings of nausea  
Lauren felt goose bumps by the fridge / freezer  
Don felt something run up his back  
Darren felt like there was possible one male and one female presence  
Don felt a buzzing at the back of his head, could possibly be something on it?  
Tom felt a tingly feeling by the freezer, just as Lauren had  
Tom felt nauseas near the in / out doors  
Darren now felt there was just a male presence in the kitchen  
Lauren and Tom both felt sick in the servery area, Darren also felt a bad throat  
Darren and don both had the feeling of a pressure headache

### Group 2 1.50am – 2.10am

Temp 19.7 – remained constant  
Nothing to report

### Group 1 2.15am – 2.35am

Taps were heard as soon as we entered the room  
Dan could hear a male voice murmuring, but unable to make out what it was saying.  
Clicks heard  
Footsteps heard twice by all members of the group.  
Feeling of a sickly headache.  
Heard a thud as if heavy food had been placed down.  
Shadow was seen by all at the end of the passageway by the old door entrance  
Clicks and footsteps heard again  
The straps from the fire blanket were unravelled and left, upon asking for someone to move them they immediate started to sway  
Bang heard coming from the draining area  
Cold breezes felt in the central aisle  
Noises heard constantly down the end of the kitchen by the old doorway  
Noticed that the tap was on – we hadn't noticed it being on when came in earlier. (one group had noticed a tap dripping earlier but not on – no other groups had seen a tap on at all)  
A shadow of a hand appeared to come out from the freezer  
The starters unit shook twice  
Shadow was seen across the door window

## Sensitive Activity Conclusion

### Bar 1

Sad and tearful feeling (medium & 1 group)

Female presence felt (medium & 2 groups)

Lady – Victorian era, happy, sad and tearful, childbirth tragedy, baby son 23 yrs old, early 20s, white skirt

Sore throat (linked to medium hanging?)

Had been a kitchen / dining area

Ginger cat on sofa

White tulips in vase

### Bar 2

Feeling jumpy and being followed

Feeling tired (2 groups)

Front garden, well tended in alcove area and into house through pillars

Sickness

Bedroom

### Barn / Restaurant

Heartache

Storage of sacks

Being followed

Male presence – short spiky hair, thuggish, wry smile, receding hairline – rogue

Another male presence – heart attack

Comfortable

Presence in corner to right of fireplace

### Toilets

Oppressive

Being watched

Female presence – 58 -60 hair tightly pulled back – greying. Ellen Stern looking

Draining energy

Presence in left hand toilet

Female gathering

Burial

Small animal bones

Black magic / witchcraft connection

Pentagram

Ritual

### Cellar

Male presence – hard worker

Female presence – Helen

Male presence – bad back (same as in kitchen?)

### Kitchen

Bad back (2 groups)

Male presence – bad back / neck (2 groups)

Smell of grass

Feeling sick (3 groups)

Dizziness

Goose bumps – something running up back

Female presence

Bad throat

Headache (2 groups)

## Paranormal Activity Conclusion

### **Bar 1**

Clicks / loud cracks by toilet door / fruit machines (1<sup>st</sup> 2 groups)  
Lights behind the bar (3 groups)  
Misty figure by the bar seen (2 groups)  
Figure behind the bar  
Blue lights seen on the bar  
Loud cracks moved around the far end of the room  
Faint lights all around the area  
Touch on head (2 groups)  
Creaks on the sofa  
Beeping noise near fire exit

### **Bar 2**

Cold spots  
Touch on arm / cold pressure on back / touch on head  
Watering eyes  
Taps heard near to sofa  
White lights behind bar (2 groups)  
Figures by the bar  
Loud creak from the bar & taps  
Shadow move towards window  
Dry mouth  
Coldness by cashpoint  
Noises coming from upstairs  
Footsteps heard

### **Barn / Restaurant**

Shadows in alcove by fire exit  
Creaking in roof  
Cold shivers / cold spots (2 groups)  
Cutlery clanged  
Taps and clicks heard  
Squeak heard  
Blacked out light across doorway  
Whistle noise heard twice  
Batteries drained  
White light seen

### **Toilets**

Very cold (2 groups)  
2 loud knocks  
Smell of country / straw  
Touching  
Groan heard

### **Cellar**

Taps heard (3 groups)  
Tingly feeling / poke / touch on arm (2 groups)  
Small flashing light in corner (3 groups)  
White light moving along wall  
Touch on hair  
Camera batteries drained  
Dark shadow captured on camera  
Touched on face  
Chain around neck pulled  
Apported coin?  
Extra shadow of a person seen  
Moving cold breezes felt

### **Kitchen**

Loud noise near freezer  
Shadow move along centre aisle (2 groups)  
Noise by back doors

Shadow seen by freezer (2 groups)  
EMF meter clicking  
Flashing light by back doors entrance  
Taps heard (2 groups)  
Male voice murmuring  
Footsteps heard  
Loud thud heard  
Straps moved in response to asking  
Cold breezes  
Tap turned on?  
Shadow of a hand appearing from freezer  
Starters unit shook  
Shadow across door window

### Research Points

Was this a farm house with farm land surrounding in the past?  
Would the positioning be correct with a well kept front garden?  
Would a garden have been in the front and a kitchen / dining area to the left?  
Was cattle reared here and also were crops grown and stored in a barn here?  
Did a lady called Helen or Ellen live here? Possibly in the Victorian era?  
Are there any records of a Josh (or Joshua) living / working on the farm?  
Are there any links with him to a scythe?  
Would there be links to a great sadness around a lady here? Possibly linked to childbirth?  
Any records of a lady called Mary?  
Any records of a suicide or broken neck? Links to bad back and nauseas feelings?  
Any other reasons for the sore throat feelings?  
Would the year 1869 be important in this locations history?  
Are there any reports of graves here?  
Are there any reports of witchcraft or black magic here?  
Is there any reporting of an exorcism taking place?  
Would a shotgun be of any significance here?  
Any information on a ginger cat?  
Would white tulips have a significance (or winter and Holland?)  
Any information on a thuggish male with short spiky hair?  
Any information of a male passing with a heart attack in the front restaurant area?  
Any information on a nurse here?