

# Paranormal World of Karen Ford

## REPORT

### Ground Zero Nightclub

Sudley Road, Bognor Regis, West Sussex

6<sup>th</sup> August 2006

8pm – 3am

#### Arrival

On arrival at the nightclub, we proceeded into the bar area to set down our equipment, bags etc. While we were getting ready to do downstairs into the main nightclub area I was aware of a tightening around my neck and something to do with a hanging suicide. As we hadn't really started I just mentioned this in passing as it was just more of a feeling.

#### Initial Walk Around

When we went down into the club I proceeded to have a look around. The ladies toilet felt fine, the main dance floor area had a standard nightclub feel - nothing sinister, the bar area made by heart beat slightly faster - normally a sign that we might find something around this area a little later on. But the best area was a doorway which lead into a small corridor, with a door to the outside at one end, a small storeroom leading off it, the entrance to the DJ area and the men's toilet at the end.

Walking through the doorway I was more than aware of a male presence which is very much in that area. He was an angry young man (only in his early 20s) who would walk at a fast pace down this corridor and into the men's toilet at the end. In the toilet I was made strongly aware of him punching the doors and walls. I was also shown someone being beaten up by a group of 3 other men whilst he was lying on the floor. There was certainly a very strong energy present!

#### Glass moving 1

We set up two glass moving experiments and I was involved with one in the alcove with another 7 people. We had information from a spirit called David. Someone from the club had heard of a man called David who had committed suicide in the building and was known as a prankster. This became confusing and not too great as he then confirmed that he had tricked people on a previous investigation by saying he was called Ian. But then he had passed in a motorbike accident. I'm still unsure as to exactly what we were getting and wouldn't take too much trust in this information. The glass did then start to mess around so we closed it down.

#### Store Cupboard

I went into the store cupboard with a four others and we asked for any presences to make themselves known to us. Although we didn't get any sort of paranormal activity, I did pick up on an old gentleman who need a stick to walk around and had a dog. Someone else in the group mentioned that they had seen a dog in the downstairs bar area earlier which had been a black and white spaniel type. The gentleman walked along but not within the club, but as if this area had previously been an outside pathway. It was later confirmed that than part of the building had been an extension and a pathway had indeed been where the room is now.

#### Glass Moving 2

I decided to run another glass moving session to see if we could get any more information on the activity reportedly happening in the club. Ian came through at first - so how valid this information is I'm not sure but it certainly matched up with what I had picked up earlier in the

men's toilet. We asked if Peter was with Ian and if we could speak to him. To which he agreed. We were informed that in 1966 he had arrived with a knife to stab a man he had fallen out with over a female called Iris who was a sister of either Peter or the other man they couldn't establish which one. He arrived with his arm in a sling and was set upon by a group of men - we think this is when he passed over. Staff have heard noises in this area and one morning came into the men's toilet to discover a hole in the middle of one of the toilet doors!

Myself and another person both felt pain in our stomachs which we both described as a period pain type of feeling - were these related to the kicking Peter received from these men in the toilet area??

### **Conclusion**

As well as all the above I heard crisps being opening and the noise of bottle lids being taken off. Which were also heard by a few others. Small lights were seen near the speakers, a shadowy figure was spotted in the alcove area, and feet were seen at the top of the stairs.

Trigger objects did not move.

This was a very interesting night and although there some paranormal type experiences there wasn't anything really conclusive. There is certainly an atmosphere, but this can easily be created due to the fact that it is a nightclub underground and has been for many years.

A place I would certainly like to visit again at some point.